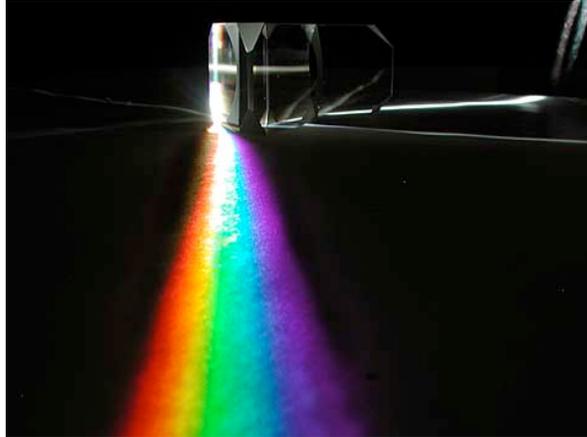
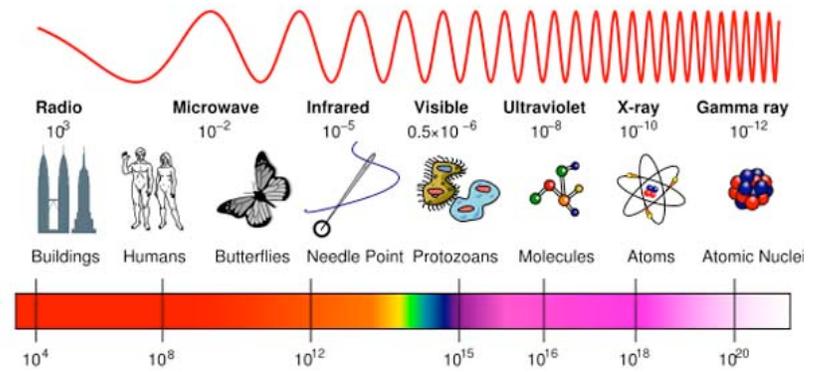


## **"Sensory Harmonics" Combined Color, Sound & Aroma**

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The entire universe can be represented as an electromagnetic continuum. Within it exist the wavelengths characteristic to each type of manifestation; from the sub-audible vocalizations of whales to "material" objects to high velocity cosmic rays. Only limited segments are registered by our physical senses. These constitute our daily reality. Everything else is learned through cause and effect, or scientific instrumentation.



While sight, hearing, smell and touch may appear contiguous, they are, in fact, isolated from each other by intervening portions of the overall spectrum. This prevents us from observing their harmonic relationships directly, as one would, for example, the same note in different octaves on a piano keyboard.

However, these can be determined through imputation. As with any vibratory scale, the law of octaves applies as a functional mode of transposition. This allows us to mathematically calculate vibrational affinities between the seemingly disparate types of objects registered by dissimilar sense faculties, even though we cannot perceive every intermediate step.

This is highly worthwhile because the quality of each note in an harmonic series, be it expressed as color, sound, aroma, etc. is all-pervasive. When combined together, they exert a mutually reinforcing, exponential effect. As a starting point we will examine visible light, as utilized in chromotherapy.

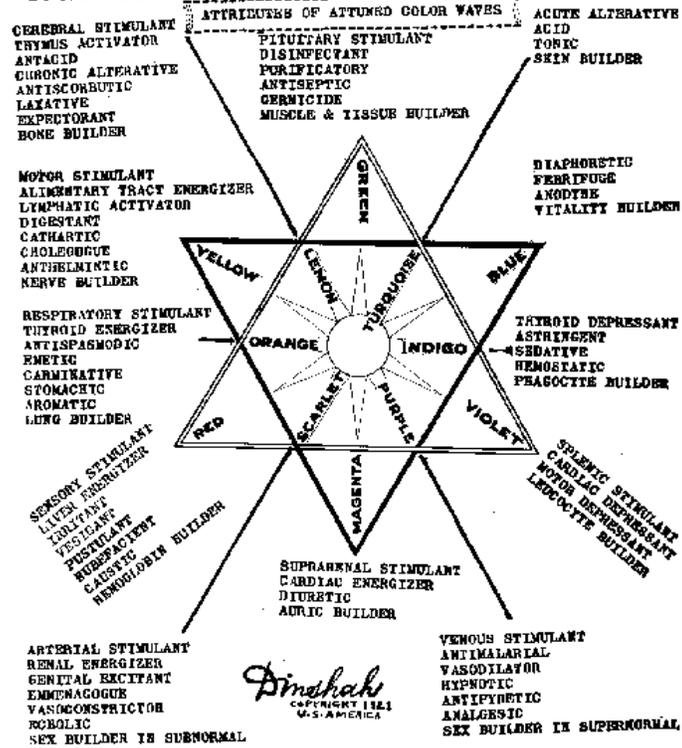
### **Color**

In general, warm colors like red are stimulating, while cool ones like blue are sedating. This is intuitive. However, within this range, each hue of visible light is known to bestow specific effects upon the mind, body and emotions. These have been systemitized over the years into integrated healing modalities.

One of the more highly developed is "Spectro-Chrome" of Dinshah Gadiali. In addition to applying singular colors, he originated an innovative zonal approach for rebalancing energies whereby complimentary colors, ie. orange and blue, were applied in

succession over different organs of the body. His books, still available from the [Dinshah Health Society](#), contain indications for thousands of health conditions. Some of these are indicated in the chart below.

### SPECTRO-CHROME THERAPEUTIC SYSTEM





In accord with the above chart, his "Spectro-Chrome"

lamp contained twelve tinted sliding glass filters. In the late 1970's, the author borrowed one of these and matched the colors to currently available theatrical gels. The result is listed below. All are Rosco brand except for green which is Lee. These can be fitted to ordinary PAR 38 stage lamps with a built-in filter holder, or, for spot application, as slides in a 35mm projector. The latter can be assembled from a "free" swatch book, shown above. Filters can also be placed over the well of a [radionic instrument](#).

RED 25, ORANGE 23 + 14, YELLOW 14, GREEN (Lee) 124, BLUE 85, INDIGO 68 + 85, VIOLET 85 + 25

A variation on this is "color-puncture", a obvious take-off on acupuncture. The author's practice was to fit a quartz crystal pyramid to the front of a twin AA cell flashlight, with the filter fastened in between. This was based upon prior observation that quartz raises the potency, or energy level, of light passing

through it.

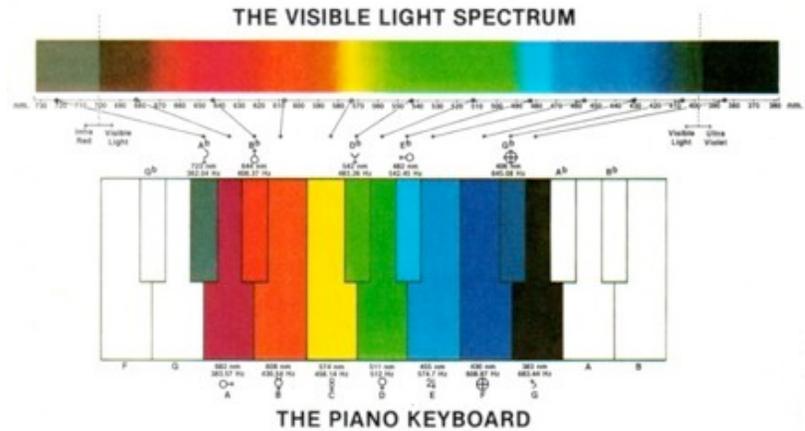
A suitable color for each participant may be chosen through a combination of literature at hand and dowsing a color chart. Logically, during a therapy session only white garments are worn. Eyes may be open or closed.

The above system provides the seven major colors. However, three variable intensity light sources (fit dimmers) with RGB filters may be used to produce a continuous transition throughout the entire chromatic spectrum. So as to obtain a pure yellow it is preferred to use a white light source.

### **Sound**

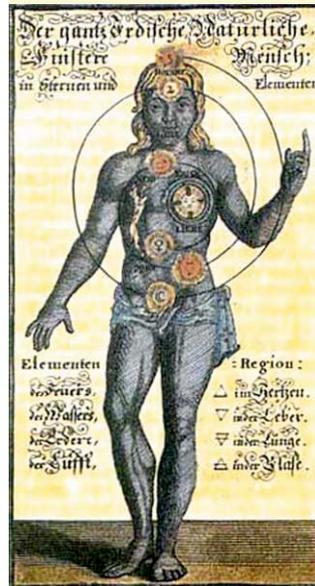
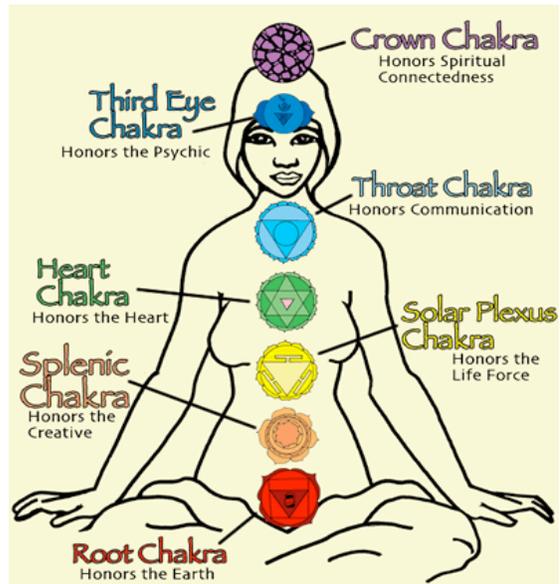
The second most prominent influence is sound. To relate each note harmonically to a color, the wavelength of the latter is successively divided down by two, until within the audio range. The result is indicated in the chart below, ie. the note or key of D imparts the same quality of activity as the color green. This principle can also be enlisted

as an alternative to Phi ratio to ensure affinity between two or more frequencies comprising a transmitted electromagnetic wave.



Ideally, a musical synthesizer is employed to administer a complex tone. The intent is to viscerally resonate the appropriate one of seven "chakras". Although not in physical evidence, the presence of subtle energy centers in the body is validated by the diagrams below from both Eastern and Western esoteric traditions. They depict how color, and the psychological state each represents, symbolizes a graduated path from "lower" to "higher" frames of reference, culminating in mastery of the

physical world; the so-called "rainbow bridge".



To make the experience as evocative as possible, music is introduced that matches the mood of the selected color. While the borrowed image above is one interpretation, the author prefers the

following: RED  
Vitality, ORANGE  
Communion,  
YELLOW, Elimination,  
GREEN Balance,  
BLUE Creativity,  
INDIGO Intuition,  
VIOLET  
Transcendence. For  
example, New Age  
tracks from  
Constance Demby,  
Iasos and Kitaro  
were used for yellow,  
green and blue  
respectively.

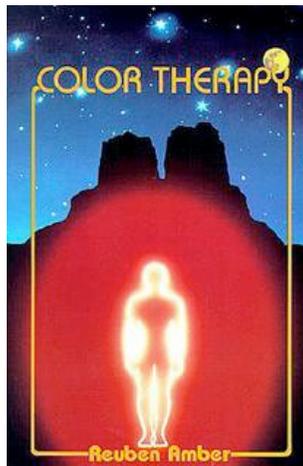
### **Aroma**

To the previous color-  
sound-music  
correspondences the  
author's method adds  
fragrance, based  
somewhat upon the  
principles of  
aromatherapy. It is  
preferred to use  
materials in their  
most natural state,  
such as resins and  
dried herbs,  
smoldered on  
self-igniting charcoal  
blocks. This also  
maximizes smoke  
which absorbs and  
carries the other  
modes of vibration,  
as well as turpines  
which are known to  
be psychoactive and  
have been used in  
religious ceremonies  
for thousands of  
years.



RED Myrrh, ORANGE  
Frankincense,  
YELLOW Elemi,  
GREEN  
Rosemary/Lime,  
BLUE Sandalwood,  
INDIGO Camphor,  
VIOLET Lotus (oil)





Other ways of accessing the benefits of color vibrations are food, clothing, and tinted eye glasses sold by some suppliers. Intuitional Healer [Hazel Parcells](#) manufactured therapy tables with three circular magnetic field coils (32T 16AWG each) along its length. Depending upon their polarity, South stimulating, North sedative, this was claimed to enhance the effect of color applied. She lived to be 106 years old, which adds credibility to her procedures. A well-balanced introduction to chromotherapy is Dr. Rueben Amber's "Color Therapy".

#### **Assorted Links**

[Dinshah Biography and Color Charts](#)  
[Planetary Harmonics of Hans Cousto](#)

[A Critical Analysis of  
Chromotherapy and  
Its Scientific  
Evolution  
Color Therapy](#)

[Return to Main Menu](#)

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